
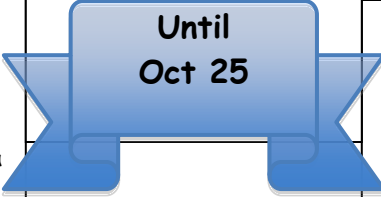


Campbell River Family Network

Fall 2018

FREE/LOW COST PROGRAMS FOR YOUNG CHILDREN AND THEIR FAMILIES

Sponsor	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Family Place (C.R. Family Services) funded by the <u>Min. of Children and Family Development</u> with partnerships with VIHA, CR Child Care Society, Parks, Rec. & Culture, Sch. Dist. 72., Sunrise Resources, Success by 6, Literacy Now	Willow Point Neighbourhood Morn. 200 Larwood Rd 8:30 am - 11 am	Gathering Place Family Place @ 300 Robron grey building in the centre 9:00 am - 12:00 pm Light lunch, coffee and play	Hemlock Family Place 1048 A Hemlock Street 9 am - 11:30 am	Baby Time (birth - crawling) @ Downtown Community C 10 am - 11:30 am	Creepin' Crawlers (crawling -2 yrs.) 1048 A Hemlock Street 9:30 am - 11:30 am
	Family Gym - @Downtown Com. Centre 10:30 am - 11:30 am		The Olive Branch postpartum support @ the Health Unit 10 am - 11:30	All-Weather Family Place Dick Murphy Park -Tye Spit 1:15 pm -2:30 pm We do mean <u>all</u> weather Get dressed and come on out and explore. You will be delighted!	Toddler Time (1 - 3 yrs) @ Downtown Community C 9:30 am - 11:30 am
	Robron Baby Time 740 Robron Rd 1 pm - 3 pm	Family Place @ Downtown Community Centre 1 pm - 3 pm	Family Place @ Downtown Community C 1 pm - 3 pm		
		Dad's Group @ 300 Robron Grey building in centre 1 st and 3 rd Wed. of month 6:30 - 8:00 pm Dads and children share a light dinner and play		Family and Teen Centre Drop-in @Community Centre 6:30 - 10:00 pm	

Campbell River Family Network - "Building family friendly communities"

A wealth of local information and updates is yours at www.crfamilynetwork.ca

Facebook... **Helping-Children-in-Campbell-River**

Super Saturdays
C.R. Art Gallery

Drop-in art activities
Every other Saturday

For more information call

Right from the Start offers support for pregnant women and new moms, their babies, children and families - free health and pregnancy information, education, and referrals.

Register at www.viha.ca

Prenatal Classes: 'Labour & Delivery' & 'Breastfeeding'

Attend 4 - 6 weeks prior to due date.

Phone the Public Health Unit for dates **250-850-2110 (ext.0)**

Breastfeeding Clinic Tuesday & Friday 1:00 - 3:00 pm @ Public Health

Campbell River
Public Library
Baby and Family
Story Times

Phone
250 287-3655

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Sponsor	MONDAYS	TUESDAYS	WEDNESDAYS	THURSDAYS	FRIDAYS
Laichwiltach Family Life - 441 - 4 th Ave. 250 -286 - 3430		Parent and Tot Drop In 11:00 am - 12:30 pm	Baby Group 10:00 am - 11:30 am	Parent and Tot Drop In Culture Program 11:00 am - 12:30 pm	
Family Services 487 - 10 th Ave. 250 - 287 -2421		Postnatal Drop-in (0-6 months) 11:30 am - 1:30 pm		Creating Healthy Families Drop-in (for moms & 6 months -3 yrs olds) 11:30 am - 1:30 pm	Interactive Play Group (for moms and children 0 -6 yrs old) 11:30 am - 1 pm
		Prenatal Drop-in 11:30 am - 1:30 pm			
StrongStart * School District 72 Free Drop-in programs for children 0-6 yrs. and their caregivers	Cedar Elm. 8:45 am -11:45 am	Cedar Elm. 11:30 am-2:30 pm	Cedar Elm. 8:45 am -11:45 am	Cedar Elm. 11:30 am - 11:45 am	Cedar Elm. 8:45 - 11:45
	Sadowne Elm. 8:45 am- 11:45 am	Sadowne Elm. 8:45 am - 11:45 am	Sadowne Elm. 8:45 am - 11:45 pm	Sadowne Elm. 8:45 am - 11:45 am	Sadowne Elm. 8:45 am - 11:45 am
	Georgia Park Elm. 11:15 am-2:15 pm	Georgia Park Elm. 8:45 am - 11:45 am	Georgia Park Elm. 11:15 am-2:15 pm	Georgia Park Elm. 8:45 am - 11:45 am	Georgia Park Elm. 8:45 am - 11:45 am
	Sayward Elm. 8:45 am - 11:45 am	Sayward Elm. 8:45 am - 11:45 am	W.P. Children's Centre @ École Willow Point 8:30 am -11:30 am		Quadra Elm. 8:45 am-11:45 am
C. R. Parks, Rec. & Culture see Rec. Guide for full programs list	Family Gym - Downtown Com. Centre 10:30 am - 11:30 am		Family Gym * Downtown Com. Centre 10:30 am - 11:30 am		Family Gym Sportsplex - S. Alder 10:30 am - 11:30 am

SUNDAY Family Open Gym * - Sportsplex - 9:30 am - 10:30 am * \$4 drop-in